STEP BY STEP
OVULATION INDUCTION

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This book attempts to show and explain the latest techniques in ovulation induction, defining their current relevance to treatment in a simplified, easy to follow manner for the practising infertility specialist. As well as giving practical guidance, it also touches on the latest research work achievements.

Most chapters are accompanied by flow charts for management, serving as a guide to problem solving. The accompanying CD ROM shows the techniques of laparoscopic ovarian drilling, multifetal pregnancy reduction, and a collection of colour Doppler images in ovulation induction.

This book is directed at all gynaecologists and infertility professionals, both medical and paramedical, and postgraduate students of gynaecology.

Contents:

1. Anovulation and Tests for Ovulation
2. Ovulation Induction with Clomiphene
3. Clomiphene Resistance – What Next?
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8. Ovarian Reserve and Fertility in Old Women
9. Surgical Ovulation Induction
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12. Complications of Ovulation Induction
13. Selective Multifetal Pregnancy Reduction
14. Ultrasonography and Colour Doppler Imaging in Ovulation Induction

KEY SELLING POINTS
♦ Excellent handy reference manual
♦ For gynaecologists and infertility professionals and postgraduate students
♦ Outstanding value for money
♦ Free interactive CD ROM

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All participants then underwent clomiphene stair-step ovulation induction. All study participants were referred to the University Wellness Clinic for diet and exercise counseling. Results: There were high percentages of women with co-morbidities in both groups including fatty liver, low vitamin D, hyperlipidemia, hypothyroidism, prediabetes and diabetes. First line treatment for anovulatory PCOS women seeking fertility is ovulation induction, historically, via clomiphene citrate, often with the use of metformin [3]. It is generally believed that achieving ovulation induction in PCOS patients is more difficult than in non-PCOS populations. Further, higher BMI values are also associated with poorer outcomes.